

Background: I have played and coached football most of my adult life (2003-2014) in Cairns with Stratford Dolphins Football Club and enjoyed various successes and trophies in the Premier and Reserve men's division. These includes captaining the Stratford Reserves to the 2011 GF win and coaching the Stratford Premier men to second place and GF runner up in 2014.

As a junior I was also a regional representative football player for FNQ from U12-U18. I recently moved to Mackay from Plymouth (UK) where I was working at the University of St Mark and St John, teaching Sport & Exercise Science, Football and Sport Coaching, and Strength and Conditioning. While in England I was lucky enough to be invited down to Plymouth Argyle Football Academy work with the U16 academy players.

I have moved to Mackay to work as a lecturer in Exercise and Sport Science with Central Queensland University. I am a Newcastle United fan (don't laugh)